



flowerduet.com

F L O R A L W O R K S H O P S

Mug Posies

Tools & Supplies – General Supplies
(see recipes below for each design supplies needed)

- Floral Cutters
- Water + Flower Food (for vases)
- Rubber Bands
- Oversized Coffee Mugs for your vase

Where to purchase floral supplies:

- Save-On-Crafts.com
- Amazon.com
- Local Wholesale Floral Suppliers
- Michaels Craft Stores
- Joann Fabric and Craft Stores

Where to purchase fresh wholesale and retail flowers:

- Local farmers listings here:
SlowFlowers.com
- Local grocery stores
- National large box stores
- Local floral wholesalers & florists
- Farmers' markets



Flower Meanings Include

Alstroemeria: Friendship
Orange Roses: Enthusiasm
Hypericum Berries: Health
Leucadendron: Courage & Diversity
White Carnation: Sweet & Lovely
Fern: Sincerity

Recipes for This Class



ORANGE RECIPE:

- 1 Standard Orange Rose
- 3 Orange Spray Roses
- 3 White Carnations
- 3 White Hypericum Berries
- 3 Leucadendron Blooms
- 3 Leather Fern



PINK RECIPE:

- 2 Pink Protea
- 5 Leucadendron Blooms
- 5 White Snapdragons
- 5 Pink Hypericum Berries
- 2-4 Stems Mini Eucalyptus ('Moon Lagoon' Dwarf Eucalyptus)